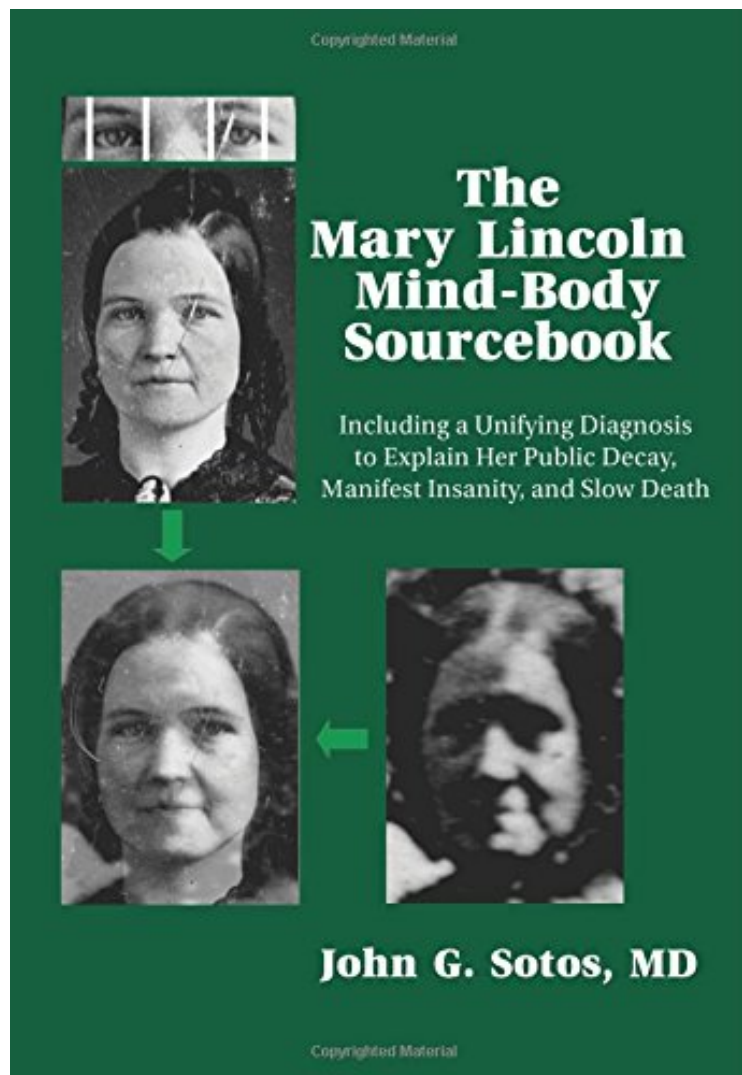


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The Mary Lincoln Mind-Body Sourcebook: Including a Unifying Diagnosis to Explain Her Public Decay, Manifest Insanity, and Slow Death

John G. Sotos

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3 of 3 people found the following review helpful. Interesting.
By kilamarie
Interesting. Not enough is written about Mary. She buried three sons and her husband. She endured the horror of being at the assassination and then pushed aside. She was hated by both sides in the Civil War. In the end her only surviving child had no sympathy. Today's meds and therapy would have helped her through her PTSD.
0 of 0 people found the following review helpful. MTL deserves better treatment for her contributions to United States history
By Sue A Rebman
Interesting solution to MTL's often condemned personality, by then society and historians, that stands up to today's medical knowledge of her symptoms.
MTL deserves better treatment for her contributions to United States history. She knew her destiny as a child, took steps to ensure her preparedness through education, social networking and familial ties to meet the man who would grow into the role of President, and stood faithfully by his side through all to the very end. Amazing woman, especially given her undiagnosed health issues and ignorant medical censure of the times.
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By Myra McWethy
One of the most fascinating reads yet about Ms. Lincoln! Honestly, as someone who is doing research into MTL, this is one of the most interesting reads, bringing together all the medical facts in a scientific, yet totally engrossing read. Highly recommended!

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Mary Lincoln is the most mysterious person to ever inhabit the White House. Undeniably smart, savvy, and cultured, the world watched her mis-steps as First Lady and widow turned both her public and private lives into disasters. At long last the mystery of her life has been solved... with science. In this scholarly book, renowned Presidential medical historian John Sotos, MD examines the tell-tale clues in Mary Lincoln's life to arrive at a diagnosis -- pernicious anemia -- that explains her insanity, irritability, poor judgment, and early death, while explaining how her personal tragedies intensified the disease. Mary Lincoln's faults were in her metabolism, not in her character. Primarily a reference work, this book is a must-have for anyone with a deep interest in Mary Lincoln or in a tale of how history can be wrong for 150 years.

About the Author
Dr. John Sotos trained in medicine and cardiology at the Johns Hopkins Hospital, served on the faculty there and at the University of North Carolina School of Medicine, and is now a medical technology executive in Silicon Valley. Author of the classic clinical text "Zebra Cards: An Aid to Obscure Diagnosis," for six seasons he was also a medical technical advisor for the acclaimed television series, "House, MD."